

Sans Souci Spa Treatment Menu

*Relax, unwind and restore with
our professional spa therapists.*



De Kloof
Luxury Estate
***** boutique hotel
EST 1801 Swellendam South Africa



*Nestled in the foothills of the Langeberg mountain
range, Sans Souci Spa offers unparalleled tranquility.*

Sans Souci Spa is located at De Kloof Luxury Estate. Established in 1801 De Kloof is a spacious country heritage estate in Swellendam, Western Cape. Bordering Marloth Nature Reserve, De Kloof boasts panoramic mountain views and expansive gardens. Our trained professional therapists work with South African award winning anti-ageing collagen enhanced products such as TheraVine™ and TheraNaka™.

Sans Souci Day Spa is open daily for the public as well as hotel guests from 08:00-18:00. Bookings are made by appointment. We have single as well as couple treatment rooms available.

BOOK
TODAY

Unwind & relieve stress, uplift & pamper.

De Kloof Luxury Estate Boutique Hotel & Spa
8 Weltevrede Str, Swellendam, South Africa
Operating hours: 08:00-18:00

For appointments:
028 5141303
info@dekloof.co.za



Skin Treatments

TheraVine™ Hydrating Facial

60 min

R595

A facial designed for extreme relaxation with the aromatic scent of essential oils designed to deeply hydrate your skin, leaving you with a radiant complexion.

Express Facial

30 min

R375

Experience an express VineTherapy facial which is customized to your specific skin conditions.

TheraVine™ Deluxe Anti-Aging Facial Treatment

60 min

R650

This replenishing treatment assists in reducing fine lines and wrinkles with peptide-rich boosters and serums to combat the signs of ageing while a plasticizing mask further enhances the benefits of the active ingredients.

TheraVine™ Mature Facial

60 min

R595

Facial designed for targeting dehydration as well as first signs of ageing like fine lines and wrinkles. Leaving you feel hydrated and more youthful.

TheraVine™ Deluxe Spa Ritual

120 min

R1150

Pure indulgence beginning with a foot cleansing ritual followed by a relaxing full body AromaVine massage combined with a specialized TheraVine Hydrating Facial. Drift away while receiving an acupressure scalp massage. Inclusive of:

- Foot cleanse
- Full body relaxing Aromatherapy massage
- Balancing hydrating facial
- Acupressure scalp massage



Massage Treatments

Our Signature Treatment:

TheraNaka™ African Wood Massage

90 min

R995

Mimicking the rhythmical patterns of an African dance with wood sticks, the TheraNaka™ signature massage blends light stretching techniques and specially designed body and facial wooden implements to relax and restore your weary body. Being drizzled with a warm Olive & Shea butter will nourish and heal dry skin. Full body plus face plus tummy massage and ending with Rainmaker and mist.

TheraNaka™ African Fusion Full Body Massage

60 min

R675

Enjoy the freedom of choosing your favourite scent from our selection of Marula-herb infused Fusion body oils to address your every need whilst restoring balance. Choose any below oils for your treatment:

- *African Peace – Relaxing*
- *African Recharge – Uplifting*
- *African Storm – Detoxifying*
- *African Earth – Safe & Soothing (safe for pregnancy)*
- *African Vigour – Invigorating (good for tense / stiff muscles and joints)*

TheraNaka™ African Vigour Deep Tissue Back Massage

45 min

R495

A warm aroma blend infused with circulatory-boosting essential oils is coupled with a deep tissue massage relieving deep seated tension all the way to the core of the muscle.

Stress Away Back, Neck & Shoulder Massage 30 min/45 min R496/R575

Relaxing deep tissue massage focusing on back, neck and shoulders, areas prone to tension and stress.

AromaVine™ Soy Candle Massage

60 min

R695

This special massage is designed as a complete body and wellbeing massage experience using a warm 100% natural superior blend of plant waxes and butters. Choose one fragrances:

- Frangipanni & Jasmine
- Lemon Zest
- Spicy Orange & Cinnamon

Heavenly Hot Stone Massage

60 min / 90 min

R 725 / R 900

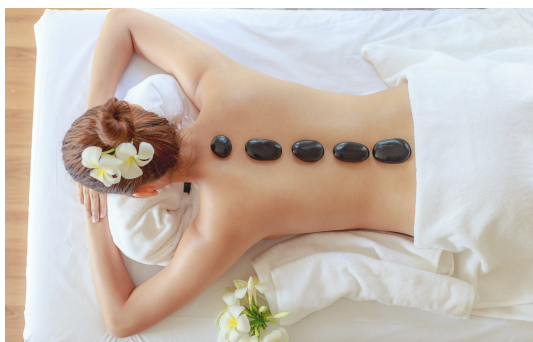
A unique full body treatment that focus on the healing and soothing power of hot stones to relax tension and energizes tired muscles. Focus will be on the back.

Swedish Massage

60 min

R650

The original form of massage used all over the world to provide a very relaxing therapeutic for of bodywork. The restorative technique leaves the body loose supple and the mind invigorated.



Pregnancy Massage

60 min

R600

A complete relaxing full body massage using pregnancy safe oils to relieve tension in the lower back and reduces swelling in the hands, legs and feet.

Indian Head Massage

30 min

R395

Reflexology

60 min

R600

This ancient Eastern technique uses foot & body pressure point massage which balances all the body functions including digestive, respiratory, nervous, urinary, hormonal and circulatory systems.



Body Treatments

TheraVine™ Body Slimming Treatments:

AromaVine™ Slimming Pinotage Massage **60 min** **R695**

Ideal for frequent travellers, the refreshing power of carefully selected essential oils will enliven your total being. Essential oils of Lemongrass, Fennel and Rosemary improve sluggish circulation and eliminates toxins.

TheraVine™ Contouring Body Gel Wrap **60 min** **R850**

An application of a sculpting oil using powerful contouring essential oils that eliminate toxins and relieve water retention is followed by a firming body gel envelopment. Enjoy a scalp massage whilst your body gently detoxifies.

TheraNaka™ Body Treatments:

Body Exfoliation

A cleansing ritual that symbolises the renewal of the body. Our cleansing preparatory body scrubs are made with a 100% natural blend of plant botanicals to gently and effectively eliminate dead skin cells, moisturise and leave the skin soft to the touch. Feel invigorated and revitalised as a message of new life and renewal will be weaved.

TheraNaka™ Geranium & Pine Sugar Scrub **40 min** **R495**

TheraNaka™ Marula & Sandalwood Sugar Buff **40 min** **R495**

TheraNaka™ African Earth Salt Polish **40 min** **R495**

Body Wrap Treatments

To commence this sensory journey you will receive a full body exfoliation, followed by a herbal fusion back or legs massage. Let your mind drift off whilst you are cocooned in a comforting envelopment of fragrant oils and African wraps from our therapeutic range. Choose the wrap that will treat, renew or invigorate the skin and drift away during a relaxing scalp massage. Bringing this journey to a close is the healing touch of your therapist applying nourishing Baobab lotion. An experience out of Africa!

TheraNaka™ Detoxifying Mud Wrap	60 min	R995
TheraNaka™ Uplifting Mud Wrap	60 min	R940
TheraNaka™ Muscle Release Mud Wrap	60 min	R940
TheraNaka™ African Earth Nurturing Wrap (Pregnancy)	60 min	R940

Exfoliation - Bath & Massage Ceremony 120 min

Includes body exfoliation, luxurious bath + full body massage. Experience a sublime body cleansing ceremony of your choice, beginning with a full body exfoliation, thereafter immersion in a luxurious bath treatment to relax the muscles in preparation of an indulging full body massage, with its roots originating in African tribal influences of our region.

TheraNaka™ Re-Mineralising Bath Ceremony - Detoxifying	120 min	R1 395
TheraNaka™ Moisturising Milk Bath Ceremony - Uplifting	120 min	R1 395





Packages

Over and above our standard treatments we specialise in designing personalized packages. Designed to leave you feeling refreshed and renewed.

1801 Experience Escape

90 min

R1 125

Choose any 3 treatments below including a light lunch.

Treatments:

Hot stone massage	30 min	Foot and scalp massage	30 min
Skin Booster facial	30 min	Manicure or pedicure	30 min

Romantic Couple Massage

60 min

R1 700

Relax together in our calm candle lit environment and our 2 therapists will offer an AromaVine full body duo couples massage. Receive a bottle of bubbles to share.

Full Day Package

R2 495

Enjoy welcome drinks, a slice of cake and a two-course lunch.

Make use of pool facility, bathrobes and slippers. Package includes:

- Hydrating Facial 60 min
- Full body AromaVine Soy Candle Body Massage 60 min
- Manicure 60 min
- Pedicure 60 min

Bridal Package to be enjoyed with brides maids

R2 495

Enjoy a welcome drink, two-course lunch plus a glass sparkling wine.

Package includes:

- Welcome Accu-pressure scalp massage
- Balancing Booster Facial 60 min
- Full deep body aromatherapy massage 60 min
- Gel Nails hand and toes 120 min



Feet, Hands & Eye Treatments

Spa Perfect Hands & Feet

File and Varnish	60 min	R150
French Polish Add On	15 min	R95
Express Pedicure	30 min	R200
Classic Pedicure	60 min	R395
Gents Pedicure	45 min	R350
Express Manicure	20 min	R195
Classic Manicure	60 min	R395
Gents Manicure	45 min	R350
Gel Add On	30 min	R210
Gel Soak Off	30 min	R160
Reflexology	60 min	R600

Brightening Eye Treatments

Eyelash tint	R90
Eyebrow tint	R90
Eyelash brow and tint	R120

Hair Removal

Lip/Chin/Brow	R90
Half leg wax	R275
Full leg / back/ chest	R340
Face	R295
Bikini/half arm	R110
Brazilian	R300



Specialised Treatments

Microblading

R1 600

Eyelash Extensions

R850

Eyelash Lift

R700

Microneedling Facial

R1 600



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Facilities & Services

Outdoor Pool and KolKol Hot Tub

Relax between and after spa treatments in the pool. Please note that it is not heated. The KolKol wood fired hot tub will soak your stress away, allowing the warm water to comfort you and help body and mind to relax. Book the KolKol wood fired hot tub for a romantic journey.

Food Menu

Wholesome delicious meals conducive to a healthy lifestyle are served in the hotel's Restaurant 18 ZeroOne. Enjoy your meal on our manor house verandah in summer or in front of the fireplace in winter.



- Treatments by appointment only, please enquire at reception or spa
- A robe is available for your use
- Arriving 10 minutes prior to booking time will adequate time for filling in a consultation form and preparing for your treatment
- The treatment times for late arrivals will be reduced accordingly as to stay within the appointment time. The charge will remain unchanged
- Personalised gift vouchers are available for purchase
- Prices are subject to change without notice and are available at reception
- Please note that a 50% deposit will be charged for appointments cancelled within 24 hours
- Changes to any bookings should be advised at least 4 hours prior, in order for the necessary arrangements to be made
- Invoice need to be signed off and will be added to hotel bill at the reception
- Should you have any serious medical or physical condition, kindly inform our therapist
- Kindly switch off mobile phone when entering the Sans Souci Spa