

# Warming into Winter

with  
Fire  
Ceremony

## Day Retreat

Susan Rosetto & Hanna Maria

**28 May 8:45am – 17:30pm**

**De Kloof Estate, Swellendam**

**[www.dekloof.co.za](http://www.dekloof.co.za)**

**We connect with the changing  
of the seasons and discover in  
what ways these cycles affect,  
guide and inspire us.**

**Kundalini Yoga • Meditation • Yin Yoga •  
Journaling • Sound Journey**

**Investment: R1500 (incl. lunch, teas & journal)**

**Bookings: Hanna Maria: +27 (0)785144374**